C&G Distance Meet 2026
Report generated - Mon 2 November 2026 07:23 pm

Barrow

Gordon Huddleston 15 Env.No - 0004

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 2	15:01.65	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 2	7:07.18	Session 02	(22/11/26 - Warm up at 08:30 am)

Matilda Dobson 12 Env.No - 0004

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 10	11:57.63	Session 01	(21/11/26 - Warm up at 12:30 pm)

Norah Graham 13 Env.No - 0004

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 20	10:14.92	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 6	Mixed 09 Yrs/Over 1500m Freestyle	Comp.No 14	19:32.30	Session 02	(22/11/26 - Warm up at 08:30 am)

Cockermouth

Alfie Woodcock 16 Env.No - 0002

Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 9	6:30.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Chloe Moore 16 Env.No - 0002

Event 2	Female MC 09 Yrs/Over 200m IM	Comp.No 7	3:33.29	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 5	6:50.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Danny Gallagher 15 Env.No - 0002

Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 6	6:50.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Eldin McEwan 15 Env.No - 0002

Event 3	Open/Male MC 09 Yrs/Over 200m IM	Comp.No 4	3:28.77	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 5	Open/Male MC 09 Yrs/Over 400m IM	Comp.No 2	7:00.00	Session 01	(21/11/26 - Warm up at 12:30 pm)

Erin Shuttleworth 12 Env.No - 0002

Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 11	5:48.33	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 16	5:32.35	Session 02	(22/11/26 - Warm up at 08:30 am)

Farron Bigrigg 11 Env.No - 0002

Event 6	Mixed 09 Yrs/Over 1500m Freestyle	Comp.No 16	17:48.68	Session 02	(22/11/26 - Warm up at 08:30 am)

Harriet Dodds 14 Env.No - 0002

Event 2	Female MC 09 Yrs/Over 200m IM	Comp.No 9	3:23.49	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 1	7:20.00	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 8	6:30.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Harry Clucas 17 Env.No - 0002

Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 4	7:00.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Harvey Hawkins 16 Env.No - 0002

Event 3	Open/Male MC 09 Yrs/Over 200m IM	Comp.No 2	3:50.00	Session 01	(21/11/26 - Warm up at 12:30 pm)

Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 3 7:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Imogen Watkins 15 Env.No - 0002
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 3 6:55.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Iona McKinnell 15 Env.No - 0002
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 4 3:43.65 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 7 6:35.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Isla Geddes 16 Env.No - 0002
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 11 3:07.58 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 9 6:15.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Isla Shuttleworth 14 Env.No - 0002
Event 4 Female MC 09 Yrs/Over 400m IM Comp.No 4 6:31.58 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 6 23:45.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Jasmine Dix 16 Env.No - 0002
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 3 3:50.82 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 4 6:50.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Jonny Fidalgo-Hull 07 Env.No - 0002
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 25 8:51.62 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 11 4:57.19 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 15 4:15.30 Session 02 (22/11/26 - Warm up at 08:30 am)
Lenny Roberts 16 Env.No - 0002
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 8 6:35.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Lucy Dix 14 Env.No - 0002
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 19 10:31.73 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 10 Female MC 09 /Over 200m Butterfly Comp.No 3 3:14.28 Session 02 (22/11/26 - Warm up at 08:30 am)
Maeve Havard 14 Env.No - 0002
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 10 6:14.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Max Brentnall 15 Env.No - 0002
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 7 6:40.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Olivia Rao16 Env.No - 0002
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 2 3:55.00 Session 01 (21/11/26 - Warm up at 12:30 pm)

Copeland
Harry Mcdowell 12 Env.No - 0005
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 6 6:27.06 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 9 Open/Male MC 09 /Over 200m Butterfl Comp.No 2 2:45.15 Session 02 (22/11/26 - Warm up at 08:30 am)
James Finch 14 Env.No - 0005
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 5 13:30.12 Session 01 (21/11/26 - Warm up at 12:30 pm)
Joseph Todhunter 10 Env.No - 0005

Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 17 17:31.40 Session 02 (22/11/26 - Warm up at 08:30 am)
Layla Ostle 15 Env.No - 0005
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 5 3:36.79 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 6 6:42.29 Session 02 (22/11/26 - Warm up at 08:30 am)
Sienna Young 16 Env.No - 0005
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 1 28:30.00 Session 02 (22/11/26 - Warm up at 08:30 am)

Kendal
Eleanor Skinner 13 Env.No - 0006
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 6 13:00.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Elliott Dart 11 Env.No - 0006
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 24 9:22.33 Session 01 (21/11/26 - Warm up at 12:30 pm)
Elsie Beal15 Env.No - 0006
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 3 14:03.88 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 6 3:35.44 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 2 28:02.47 Session 02 (22/11/26 - Warm up at 08:30 am)
Esmay Dart13 Env.No - 0006
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 21 10:09.31 Session 01 (21/11/26 - Warm up at 12:30 pm)
Isaac Helme 14 Env.No - 0006
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 6 3:09.41 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 3 6:40.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 10 6:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Event 9 Open/Male MC 09 /Over 200m Butterfl Comp.No 1 4:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Jessica Beal 13 Env.No - 0006
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 12 11:41.35 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 4 Female MC 09 Yrs/Over 400m IM Comp.No 3 6:45.16 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 18 5:28.87 Session 02 (22/11/26 - Warm up at 08:30 am)
Lyla Bell 13 Env.No - 0006
Event 4 Female MC 09 Yrs/Over 400m IM Comp.No 2 6:48.11 Session 01 (21/11/26 - Warm up at 12:30 pm)

Penrith
Fergus Souter 16 Env.No - 0003
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 1 4:15.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Finley Souter 13 Env.No - 0003
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 7 12:30.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 7 3:00.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Hester Shreeve 15 Env.No - 0003
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 5 25:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)

Event 8 Female MC 09 /Over 400m Freestyle Comp.No 2 6:58.58 Session 02 (22/11/26 - Warm up at 08:30 am)
Lauren Hewson 12 Env.No - 0003
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 8 12:28.62 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 14 5:54.00 Session 02 (22/11/26 - Warm up at 08:30 am)

Workington
Amelia Pearson 13 Env.No - 0001
Event 4 Female MC 09 Yrs/Over 400m IM Comp.No 5 6:31.35 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 15 5:52.21 Session 02 (22/11/26 - Warm up at 08:30 am)
Annabella Barker 09 Env.No - 0001
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 15 2:47.03 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 20 5:13.62 Session 02 (22/11/26 - Warm up at 08:30 am)
Ben Davidson 14 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 16 10:58.83 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 8 2:38.80 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 12 5:20.96 Session 02 (22/11/26 - Warm up at 08:30 am)
Charlie Hall 09 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 22 9:52.23 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 9 2:27.30 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 8 5:26.46 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 13 19:54.98 Session 02 (22/11/26 - Warm up at 08:30 am)
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 14 4:44.17 Session 02 (22/11/26 - Warm up at 08:30 am)
Event 9 Open/Male MC 09 /Over 200m Butterfl Comp.No 3 2:36.50 Session 02 (22/11/26 - Warm up at 08:30 am)
Charlotte Grimshaw 05 Env.No - 0001
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 8 23:00.10 Session 02 (22/11/26 - Warm up at 08:30 am)
Ellia Payne 12 Env.No - 0001
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 14 2:55.33 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 4 Female MC 09 Yrs/Over 400m IM Comp.No 9 6:11.25 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 10 Female MC 09 /Over 200m Butterfly Comp.No 7 3:00.28 Session 02 (22/11/26 - Warm up at 08:30 am)
Flynn Temple 13 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 11 11:49.32 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 4 6:35.74 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 11 22:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Freddie Welsh 13 Env.No - 0001
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 1 7:24.89 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 3 25:16.91 Session 02 (22/11/26 - Warm up at 08:30 am)
Georgie Graham 16 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 9 12:20.00 Session 01 (21/11/26 - Warm up at 12:30 pm)

Henry Dowling 17 Env.No - 0001

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 1	16:00.00	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 1	8:00.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Isabel Pearson 11 Env.No - 0001

Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 10	5:50.20	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 10	Female MC 09 /Over 200m Butterfly	Comp.No 6	3:03.20	Session 02	(22/11/26 - Warm up at 08:30 am)

Isabella Hall 11 Env.No - 0001

Event 2	Female MC 09 Yrs/Over 200m IM	Comp.No 1	5:00.00	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 1	10:00.00	Session 02	(22/11/26 - Warm up at 08:30 am)

Isabelle Tyson 13 Env.No - 0001

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 14	11:13.50	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 19	5:26.70	Session 02	(22/11/26 - Warm up at 08:30 am)

Isla Grimshaw 12 Env.No - 0001

Event 2	Female MC 09 Yrs/Over 200m IM	Comp.No 13	2:56.21	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 8	6:19.85	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 6	Mixed 09 Yrs/Over 1500m Freestyle	Comp.No 10	22:19.49	Session 02	(22/11/26 - Warm up at 08:30 am)
Event 10	Female MC 09 /Over 200m Butterfly	Comp.No 2	3:18.61	Session 02	(22/11/26 - Warm up at 08:30 am)

Jacob Featherstone 10 Env.No - 0001

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 15	11:07.27	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 13	5:20.83	Session 02	(22/11/26 - Warm up at 08:30 am)

Jacob Wilson 12 Env.No - 0001

Event 6	Mixed 09 Yrs/Over 1500m Freestyle	Comp.No 15	18:02.79	Session 02	(22/11/26 - Warm up at 08:30 am)

James McAleese 13 Env.No - 0001

Event 3	Open/Male MC 09 Yrs/Over 200m IM	Comp.No 5	3:10.42	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 7	Open/Male MC 09 /Over 400m Freestyl	Comp.No 5	6:55.14	Session 02	(22/11/26 - Warm up at 08:30 am)

Jessica Holliday 10 Env.No - 0001

Event 1	Mixed 09 Yrs/Over 800m Freestyle	Comp.No 13	11:21.81	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 17	5:29.89	Session 02	(22/11/26 - Warm up at 08:30 am)
Event 10	Female MC 09 /Over 200m Butterfly	Comp.No 4	3:11.41	Session 02	(22/11/26 - Warm up at 08:30 am)

Kaiden Strong 14 Env.No - 0001

Event 3	Open/Male MC 09 Yrs/Over 200m IM	Comp.No 3	3:30.00	Session 01	(21/11/26 - Warm up at 12:30 pm)

Katie Ashcroft 12 Env.No - 0001

Event 2	Female MC 09 Yrs/Over 200m IM	Comp.No 12	3:04.12	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 6	6:30.84	Session 01	(21/11/26 - Warm up at 12:30 pm)
Event 6	Mixed 09 Yrs/Over 1500m Freestyle	Comp.No 4	25:00.00	Session 02	(22/11/26 - Warm up at 08:30 am)
Event 8	Female MC 09 /Over 400m Freestyle	Comp.No 13	5:56.54	Session 02	(22/11/26 - Warm up at 08:30 am)

Layla-Rose Thompson 11 Env.No - 0001

Event 4	Female MC 09 Yrs/Over 400m IM	Comp.No 7	6:20.75	Session 01	(21/11/26 - Warm up at 12:30 pm)

Event 10 Female MC 09 /Over 200m Butterfly Comp.No 1 3:22.64 Session 02 (22/11/26 - Warm up at 08:30 am)
Luke Blackwell 13 Env.No - 0001
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 5 6:30.00 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 9 23:00.00 Session 02 (22/11/26 - Warm up at 08:30 am)
Macey Glaister 14 Env.No - 0001
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 11 6:11.34 Session 02 (22/11/26 - Warm up at 08:30 am)
Mason Stephenson 11 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 23 9:36.81 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 10 5:14.77 Session 01 (21/11/26 - Warm up at 12:30 pm)
Max McAllister 08 Env.No - 0001
Event 3 Open/Male MC 09 Yrs/Over 200m IM Comp.No 10 2:26.11 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 9 5:15.12 Session 01 (21/11/26 - Warm up at 12:30 pm)
Oscar Frankham 13 Env.No - 0001
Event 5 Open/Male MC 09 Yrs/Over 400m IM Comp.No 7 6:08.58 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 7 23:06.42 Session 02 (22/11/26 - Warm up at 08:30 am)
Event 7 Open/Male MC 09 /Over 400m Freestyl Comp.No 11 5:37.07 Session 02 (22/11/26 - Warm up at 08:30 am)
Peter Dowling 14 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 18 10:52.48 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 6 Mixed 09 Yrs/Over 1500m Freestyle Comp.No 12 21:58.98 Session 02 (22/11/26 - Warm up at 08:30 am)
Scarlett Mayne 13 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 17 10:57.26 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 10 Female MC 09 /Over 200m Butterfly Comp.No 5 3:07.45 Session 02 (22/11/26 - Warm up at 08:30 am)
Serena Malone 14 Env.No - 0001
Event 1 Mixed 09 Yrs/Over 800m Freestyle Comp.No 4 13:41.80 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 8 3:27.80 Session 01 (21/11/26 - Warm up at 12:30 pm)
Thea Temple 15 Env.No - 0001
Event 2 Female MC 09 Yrs/Over 200m IM Comp.No 10 3:22.84 Session 01 (21/11/26 - Warm up at 12:30 pm)
Event 8 Female MC 09 /Over 400m Freestyle Comp.No 12 5:59.00 Session 02 (22/11/26 - Warm up at 08:30 am)