Workington ASC
2026 Curtis Glencross Gala (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 21st & Sunday 22nd November

Licensed Meet - No.

EVENT 6 Mixed 09 Yrs/Over 1500m Freestyle

OPEN/MALE 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter Dowling	11	Workington	20:48.41	312

50m 36.17	100m 1:17.01	150m 1:58.64	200m 2:40.37	250m 3:22.42	300m 4:02.10	350m 4:44.10	400m 5:27.18
450m 6:08.45	500m 6:50.78	550m 7:33.49	600m 8:15.16	650m 8:57.32	700m 9:40.13	750m 10:22.87	800m 11:04.33
850m 11:46.11	900m 12:28.80	950m 13:11.72	1000m 13:55.30	1050m 14:35.18	1100m 15:17.40	1150m 15:59.15	1200m 16:41.17
1250m 17:23.27	1300m 18:05.98	1350m 18:47.21	1400m 19:29.16	1450m 20:09.46	1500m 20:48.41		

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Oscar Frankham	13	Workington	20:53.85	308

50m 34.68	100m 1:15.76	150m 1:58.65	200m 2:41.60	250m 3:24.38	300m 4:07.42	350m 4:49.84	400m 5:32.56
450m 6:14.78	500m 6:57.13	550m 7:39.51	600m 8:22.14	650m 9:05.48	700m 9:47.76	750m 10:30.37	800m 11:12.39
850m 11:53.03	900m 12:35.59	950m 13:17.68	1000m 13:59.29	1050m 14:42.09	1100m 15:25.03	1150m 16:07.92	1200m 16:50.59
1250m 17:32.42	1300m 18:13.36	1350m 18:54.16	1400m 19:35.07	1450m 20:16.14	1500m 20:53.85		

Place	Name	AaD	Club	Time	WA Pts
2.	Luke Blackwell	13	Workington	22:11.07	257

50m 36.22	100m 1:18.29	150m 2:01.81	200m 2:45.86	250m 3:31.08	300m 4:16.01	350m 5:01.67	400m 5:48.07
450m 6:33.04	500m 7:18.51	550m 8:02.84	600m 8:49.56	650m 9:35.86	700m 10:19.54	750m 11:04.84	800m 11:48.02
850m 12:33.64	900m 13:18.71	950m 14:02.51	1000m 14:50.62	1050m 15:37.09	1100m 16:21.25	1150m 17:07.29	1200m 17:52.51
1250m 18:40.00	1300m 19:24.31	1350m 20:08.51	1400m 20:51.87	1450m 21:34.73	1500m 22:11.07		

Place	Name	AaD	Club	Time	WA Pts
3.	Flynn Temple	13	Workington	22:52.49	234

50m 38.71	100m 1:22.18	150m 2:07.51	200m 2:53.42	250m 3:39.40	300m 4:26.06	350m 5:12.92	400m 5:59.88
450m 6:46.19	500m 7:32.63	550m 8:19.42	600m 9:05.99	650m 9:52.72	700m 10:39.41	750m 11:25.05	800m 12:11.07
850m 12:57.06	900m 13:43.06	950m 14:29.11	1000m 15:15.14	1050m 16:01.12	1100m 16:47.62	1150m 17:33.84	1200m 18:20.20
1250m 19:06.81	1300m 19:52.74	1350m 20:37.75	1400m 21:23.53	1450m 22:08.72	1500m 22:52.49		

Place	Name	AaD	Club	Time	WA Pts
4.	Freddie Welsh	13	Workington	23:19.21	221

50m 37.86	100m 1:23.14	150m 2:09.04	200m 2:55.92	250m 3:42.47	300m 4:28.78	350m 5:16.23	400m 6:03.87
450m 6:50.47	500m 7:37.89	550m 8:26.36	600m 9:15.02	650m 10:02.40	700m 10:50.92	750m 11:37.74	800m 12:24.26
850m 13:13.08	900m 13:59.41	950m 14:47.16	1000m 15:34.44	1050m 16:23.55	1100m 17:10.86	1150m 18:00.02	1200m 18:47.71
1250m 19:33.28	1300m 20:20.91	1350m 21:06.81	1400m 21:54.55	1450m 22:39.00	1500m 23:19.21		

OPEN/MALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jacob Wilson	14	Workington	18:13.49	464

50m 31.03	100m 1:06.55	150m 1:43.37	200m 2:20.18	250m 2:57.49	300m 3:34.43	350m 4:11.37	400m 4:48.93
450m 5:26.27	500m 6:03.54	550m 6:40.70	600m 7:17.66	650m 7:55.08	700m 8:32.41	750m 9:09.16	800m 9:46.55
850m 10:24.13	900m 11:01.15	950m 11:38.63	1000m 12:15.81	1050m 12:53.01	1100m 13:29.84	1150m 14:06.64	1200m 14:42.79
1250m 15:19.09	1300m 15:55.37	1350m 16:31.73	1400m 17:07.76	1450m 17:42.82	1500m 18:13.49		

OPEN/MALE 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Farron Bigrigg	15	Cockermouth	18:14.97	462

50m 31.50	100m 1:06.60	150m 1:42.41	200m 2:18.62	250m 2:55.11	300m 3:31.32	350m 4:07.83	400m 4:45.03
450m 5:22.63	500m 5:59.88	550m 6:37.26	600m 7:15.12	650m 7:51.97	700m 8:29.38	750m 9:06.30	800m 9:43.38
850m 10:20.12	900m 10:57.16	950m 11:35.05	1000m 12:12.48	1050m 12:49.93	1100m 13:26.86	1150m 14:04.35	1200m 14:41.57
1250m 15:18.01	1300m 15:54.54	1350m 16:31.42	1400m 17:07.63	1450m 17:42.82	1500m 18:14.97		

OPEN/MALE 16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Joseph Todhunter	16	Copeland	17:53.80	490

50m 28.60	100m 1:01.36	150m 1:34.96	200m 2:08.68	250m 2:43.30	300m 3:18.37	350m 3:53.06	400m 4:27.82
450m 5:02.69	500m 5:37.66	550m 6:12.90	600m 6:47.46	650m 7:22.78	700m 7:58.07	750m 8:33.26	800m 9:08.11
850m 9:43.28	900m 10:18.52	950m 10:54.43	1000m 11:29.78	1050m 12:04.66	1100m 12:40.03	1150m 13:16.36	1200m 13:54.66
1250m 14:35.46	1300m 15:16.25	1350m 15:58.23	1400m 16:37.68	1450m 17:17.06	1500m 17:53.80		

Place	Name	AaD	Club	Time	WA Pts
2.	Charlie Hall	16	Workington	19:20.14	388

50m 30.32	100m 1:04.89	150m 1:40.25	200m 2:16.29	250m 2:52.92	300m 3:29.93	350m 4:08.07	400m 4:46.74
450m 5:25.68	500m 6:04.66	550m 6:44.73	600m 7:24.99	650m 8:04.81	700m 8:44.67	750m 9:25.58	800m 10:05.54
850m 10:45.68	900m 11:26.12	950m 12:06.45	1000m 12:47.26	1050m 13:27.10	1100m 14:07.25	1150m 14:47.42	1200m 15:27.66
1250m 16:08.24	1300m 16:48.78	1350m 17:28.85	1400m 18:07.69	1450m 18:45.48	1500m 19:20.14		

FEMALE 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sienna Young	10	Copeland	24:41.35	230

50m 39.98	100m 1:27.96	150m 2:17.33	200m 3:07.02	250m 3:55.93	300m 4:45.77	350m 5:35.96	400m 6:25.09
450m 7:13.42	500m 8:03.75	550m 8:53.98	600m 9:44.40	650m 10:34.46	700m 11:25.58	750m 12:16.47	800m 13:07.30
850m 13:56.69	900m 14:43.77	950m 15:34.45	1000m 16:23.87	1050m 17:15.21	1100m 18:05.87	1150m 18:57.01	1200m 19:47.13
1250m 20:39.13	1300m 21:30.83	1350m 22:21.73	1400m 23:09.76	1450m 24:00.16	1500m 24:41.35		

FEMALE 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Hester Shreeve	11	Penrith	26:49.17	179

50m 45.95	100m 1:37.08	150m 2:29.72	200m 3:23.23	250m 4:17.24	300m 5:11.23	350m 6:05.21	400m 6:59.53
450m 7:54.33	500m 8:48.90	550m 9:43.64	600m 10:37.64	650m 11:33.53	700m 12:28.53	750m 13:22.79	800m 14:17.89
850m 15:13.62	900m 16:08.47	950m 17:02.59	1000m 17:58.17	1050m 18:53.91	1100m 19:48.84	1150m 20:43.25	1200m 21:37.27
1250m 22:31.10	1300m 23:24.88	1350m 24:19.21	1400m 25:13.16	1450m 26:05.50	1500m 26:49.17		

Place	Name	AaD	Club	Time	WA Pts
2.	Elsie Beal	11	Kendal	26:53.70	178

50m 42.63	100m 1:33.86	150m 2:26.75	200m 3:20.21	250m 4:13.07	300m 5:06.22	350m 5:59.46	400m 6:51.63
450m 7:44.83	500m 8:38.23	550m 9:33.03	600m 10:26.91	650m 11:21.35	700m 12:15.53	750m 13:07.46	800m 14:01.23
850m 14:57.32	900m 15:54.09	950m 16:50.71	1000m 17:47.99	1050m 18:44.97	1100m 19:41.75	1150m 20:38.29	1200m 21:34.02
1250m 22:30.53	1300m 23:26.31	1350m 24:20.44	1400m 25:13.73	1450m 26:07.35	1500m 26:53.70		

FEMALE 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Isla Shuttleworth	12	Cockermouth	22:33.47	302

50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 22:33.47		

FEMALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Norah Graham	13	Barrow	19:31.16	466

50m 33.84	100m 1:11.25	150m 1:50.21	200m 2:29.89	250m 3:08.85	300m 3:48.35	350m 4:28.13	400m 5:07.32
450m 5:47.65	500m 6:27.35	550m 7:07.33	600m 7:47.55	650m 8:27.75	700m 9:07.46	750m 9:46.37	800m 10:26.11
850m 11:06.10	900m 11:45.58	950m 12:25.16	1000m 13:05.48	1050m 13:45.35	1100m 14:24.94	1150m 15:04.39	1200m 15:43.96
1250m 16:23.29	1300m 17:02.17	1350m 17:41.45	1400m 18:19.06	1450m 18:56.34	1500m 19:31.16		

FEMALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Isla Grimshaw	14	Workington	21:37.44	343

50m 36.68	100m 1:18.17	150m 1:59.60	200m 2:42.06	250m 3:23.03	300m 4:03.97	350m 4:47.50	400m 5:30.22
450m 6:14.19	500m 6:57.39	550m 7:41.48	600m 8:25.56	650m 9:09.60	700m 9:52.31	750m 10:35.43	800m 11:19.79
850m 12:03.96	900m 12:48.72	950m 13:34.47	1000m 14:20.59	1050m 15:05.20	1100m 15:49.12	1150m 16:34.08	1200m 17:17.59
1250m 18:00.85	1300m 18:44.93	1350m 19:27.10	1400m 20:10.14	1450m 21:37.44	1500m 21:37.44		

FEMALE 16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Charlotte Grimshaw	20	Workington	23:20.61	272

50m 37.13	100m 1:19.05	150m 2:02.58	200m 2:47.48	250m 3:33.46	300m 4:19.67	350m 5:05.55	400m 5:51.78
450m 6:38.76	500m 7:26.12	550m 8:13.02	600m 9:00.74	650m 9:48.84	700m 10:36.21	750m 11:23.55	800m 12:11.09
850m 12:59.35	900m 13:47.77	950m 14:36.06	1000m 15:23.71	1050m 16:11.48	1100m 17:00.12	1150m 17:48.45	1200m 18:36.47
1250m 19:25.18	1300m 20:11.10	1350m 20:58.47	1400m 21:46.77	1450m 22:34.20	1500m 23:20.61		

EVENT 7 Open/Male MC 09 /Over 400m Freestyl

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Harry Clucas	9	Cockermouth	6:39.35	150

50m 44.51	100m 1:35.70	150m 2:27.62	200m 3:18.44	250m 4:09.64	300m 5:01.12	350m 5:52.88	400m 6:39.35

Place	Name	AaD	Club	Time	WA Pts
2.	Henry Dowling	9	Workington	6:42.23	146

50m 45.46	100m 1:37.45	150m 2:29.10	200m 3:19.98	250m 4:11.93	300m 5:04.02	350m 5:55.99	400m 6:42.23

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Alfie Woodcock	10	Cockermouth	6:15.97	179

50m 40.07	100m 1:26.75	150m 2:16.70	200m 3:06.03	250m 3:55.07	300m 4:44.65	350m 5:32.57	400m 6:15.97

Place	Name	AaD	Club	Time	WA Pts
2.	Lenny Roberts	10	Cockermouth	6:18.86	175

50m 41.32	100m 1:29.49	150m 2:19.05	200m 3:08.61	250m 3:58.35	300m 4:47.61	350m 5:36.41	400m 6:18.86

Place	Name	AaD	Club	Time	WA Pts
3.	Harvey Hawkins	10	Cockermouth	6:49.01	139

50m 44.82	100m 1:36.85	150m 2:27.93	200m 3:21.01	250m 4:13.74	300m 5:07.85	350m 6:00.46	400m 6:49.01

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Max Brentnall	11	Cockermouth	6:21.21	172

50m 40.96	100m 1:26.40	150m 2:15.10	200m 3:04.41	250m 3:54.55	300m 4:45.55	350m 5:34.70	400m 6:21.21

Place	Name	AaD	Club	Time	WA Pts
2.	Gordon Huddleston	11	Barrow	6:41.63	147

50m 43.58	100m 1:34.70	150m 2:26.22	200m 3:18.19	250m 4:10.38	300m 5:03.06	350m 5:54.56	400m 6:41.63

Place	Name	AaD	Club	Time	WA Pts
3.	Danny Gallagher	11	Cockermouth	6:48.93	139

50m 44.74	100m 1:36.06	150m 2:28.85	200m 3:21.70	250m 4:14.84	300m 5:08.91	350m 6:01.21	400m 6:48.93

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ben Davidson	12	Workington	4:55.18	371

50m 31.20	100m 1:07.44	150m 1:44.90	200m 2:23.08	250m 3:01.89	300m 3:40.44	350m 4:18.88	400m 4:55.18

Place	Name	AaD	Club	Time	WA Pts
2.	Isaac Helme	12	Kendal	5:40.87	241

50m 35.49	100m 1:18.69	150m 2:02.52	200m 2:46.43	250m 3:30.31	300m 4:14.52	350m 4:58.40	400m 5:40.87

Place	Name	AaD	Club	Time	WA Pts
3.	James McAleese	12	Workington	5:46.59	229

50m 1:21.43	100m 2:05.83	150m 2:51.04	200m 3:36.03	250m 4:20.94	300m 5:05.49	350m 5:46.60	400m 5:46.59

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Oscar Frankham	13	Workington	5:10.25	320

50m 33.79	100m 1:12.98	150m 1:53.05	200m 2:33.41	250m 3:12.46	300m 3:52.69	350m 4:32.02	400m 5:10.25

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jonny Fidalgo-Hull	19	Cockermouth	4:22.36	529

50m 28.38	100m 59.06	150m 1:31.35	200m 2:04.10	250m 2:38.07	300m 3:12.66	350m 3:48.16	400m 4:22.36

Place	Name	AaD	Club	Time	WA Pts
2.	Charlie Hall	16	Workington	4:42.68	423

50m 30.40	100m 1:05.39	150m 1:41.24	200m 2:17.95	250m 2:55.09	300m 3:31.91	350m 4:09.03	400m 4:42.68

Place	Name	AaD	Club	Time	WA Pts
3.	Jacob Featherstone	16	Workington	5:24.55	279

50m 36.49	100m 1:16.00	150m 1:56.88	200m 2:38.67	250m 3:20.76	300m 4:02.89	350m 4:44.82	400m 5:24.55

EVENT 8 Female MC 09 /Over 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Isla Geddes	10	Cockermouth	5:55.69	271

50m 37.82	100m 1:21.92	150m 2:07.65	200m 2:53.26	250m 3:39.07	300m 4:25.72	350m 5:11.89	400m 5:55.69

Place	Name	AaD	Club	Time	WA Pts
2.	Chloe Moore	10	Cockermouth	6:22.53	218

50m 41.84	100m 1:30.18	150m 2:20.36	200m 3:10.48	250m 3:59.63	300m 4:48.13	350m 5:36.77	400m 6:22.53

Place	Name	AaD	Club	Time	WA Pts
3.	Jasmine Dix	10	Cockermouth	6:56.47	168

50m 44.84	100m 1:36.47	150m 2:29.59	200m 3:22.52	250m 4:15.21	300m 5:10.13	350m 6:04.95	400m 6:56.47

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Macey Glaister	11	Workington	5:31.92	333

50m 36.39	100m 1:18.74	150m 2:01.16	200m 2:44.14	250m 3:26.54	300m 4:10.39	350m 4:52.15	400m 5:31.92

Place	Name	AaD	Club	Time	WA Pts
2.	Thea Temple	11	Workington	6:07.89	245

50m 38.74	100m 1:25.33	150m 2:13.20	200m 3:00.22	250m 3:49.08	300m 4:38.13	350m 5:24.39	400m 6:07.89

Place	Name	AaD	Club	Time	WA Pts
3.	Harriet Dodds	11	Cockermouth	6:16.14	229

50m 39.09	100m 1:25.04	150m 2:13.16	200m 3:02.59	250m 3:52.62	300m 4:41.79	350m 5:31.45	400m 6:16.14

Place	Name	AaD	Club	Time	WA Pts
4.	Imogen Watkins	11	Cockermouth	6:22.81	217

50m 40.96	100m 1:30.71	150m 2:19.44	200m 3:08.67	250m 3:59.07	300m 4:48.48	350m 5:37.84	400m 6:22.81

Place	Name	AaD	Club	Time	WA Pts
5.	Iona McKinnell	11	Cockermouth	6:27.00	210

50m 41.17	100m 1:30.44	150m 2:20.80	200m 3:10.70	250m 4:00.77	300m 4:50.56	350m 5:39.72	400m 6:27.00

6.	Layla Ostle		11	Copeland	6:32.89		201							
	50m 39.77	100m 1:26.89		150m 2:18.68	200m 3:09.29	250m 3:59.52		300m 4:50.44		350m 5:44.74		400m 6:32.89		
7.	Hester Shreeve		11	Penrith	6:44.99		183							
	50m 44.53	100m 1:36.86		150m 2:30.04	200m 3:23.72	250m 4:16.25		300m 5:09.13		350m 6:00.70		400m 6:44.99		

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts								
1.	Maeve Havard	12	Cockermouth	5:43.10	302								
	50m 39.21	100m 1:23.23		150m 2:07.57	200m 2:51.73	250m 3:35.62		300m 4:19.25		350m 5:02.71		400m 5:43.10		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts								
1.	Jessica Beal	13	Kendal	5:32.09	333								
	50m 36.07	100m 1:17.95		150m 2:00.55	200m 2:43.85	250m 3:27.58		300m 4:10.59		350m 4:53.69		400m 5:32.09		
2.	Amelia Pearson	13	Workington	5:39.44	312								
	50m 34.73	100m 1:16.51		150m 2:01.10	200m 2:46.13	250m 3:30.98		300m 4:15.45		350m 4:59.22		400m 5:39.44		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts								
1.	Erin Shuttleworth	14	Cockermouth	5:26.17	351								
	50m 35.53	100m 1:16.42		150m 1:58.29	200m 2:40.40	250m 3:22.64		300m 4:05.13		350m 4:47.10		400m 5:26.17		
2.	Lauren Hewson	14	Penrith	5:59.90	261								
	50m 35.65	100m 1:18.92		150m 2:05.27	200m 2:53.09	250m 3:40.47		300m 4:28.55		350m 5:17.06		400m 5:59.90		

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts								
1.	Isabella Hall	15	Workington	9:18.75	69								
	50m 1:02.41	100m 2:13.39		150m 3:24.88	200m 4:36.79	250m 5:49.59		300m 7:00.04		350m 8:13.79		400m 9:18.75		

EVENT 9 Open/Male MC 09 /Over 200m Butterfl

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Isaac Helme	12	Kendal	3:29.97	131	41.78	1:36.82	2:32.43

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Harry Mcdowell	14	Copeland	3:04.29	194	35.53	1:22.59	2:14.31

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Charlie Hall	16	Workington	2:37.37	313	32.77	1:13.57	1:56.33

EVENT 10 Female MC 09 /Over 200m Butterfly

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Lucy Dix	12	Cockermouth	2:56.84	307	38.64	1:25.62	2:12.11

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Ellia Payne	13	Workington	2:56.40	309	38.23	1:23.92	2:10.51
	Scarlett Mayne	13	Workington	DQ 3				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Isla Grimshaw	14	Workington	3:16.11	225	41.49	1:32.92	2:24.64

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	50	100	150
1.	Isabel Pearson	15	Workington	3:08.50	253	37.53	1:23.85	2:15.31
	Layla-Rose Thompson	15	Workington	DNF				